# Reporting of Tumor Marker Studies

Lisa M. McShane. Ph.D.

Biometric Research Branch
Division of Cancer Treatment and Diagnosis
National Cancer Institute

February 23, 2008

### **Current State of Tumor Markers**

"There are few tumor markers that are clinically useful in predicting therapeutic response or patient outcomes despite nearly 20 years of advances in molecular biology."

Hammond and Taube, *Seminars in Oncology*, 2002



## **Tumor Marker Study Deficiencies**

- Unclear objectives
- Poor design
  - Poorly defined or unrepresentative cohort
  - Biased case selection
  - Design inappropriate for question/claims
  - Underpowered
- Unknown assay technical performance
- Unknown specimen quality
- Analysis problems
  - Multiple testing multiple markers, patient subsets, endpoints, etc.
  - Cutpoint optimization
- Model overfitting
- Poor reporting
- Publication bias

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## REMARK

# REporting recommendations for tumor MARKer prognostic studies

Lisa M. McShane , Douglas G. Altman , Willi Sauerbrei , Sheila E. Taube , Massimo Gion , Gary M. Clark for the Statistics Subcommittee of the NCI-EORTC Working Group on Cancer Diagnostics

- Published simultaneously in 5 journals (2005): BJC, EJC, JCO, JNCI, NCPO
- Re-published with permission (2006): BCRT, Exp Oncol
- Endorsed by PACCT

#### **Goals of REMARK**

- Recommend elements and formats for presentation to facilitate
  - Evaluation of appropriateness of study design, methods, and analysis
  - Evaluation of quality of study design, methods, and analysis
  - Comparisons across studies, including formal meta-analyses
- Ultimately improve study quality?

## **Target Studies**

- Studies relating marker values to clinical events
   Initially single prognostic marker, but largely relevant to predictive markers and > 1 marker
- Many points also relevant to exploratory studies not examining clinical outcome
  - Patient characteristics
  - Specimen characteristics
  - Assav methods
- Not geared to studies developing multiplex classifiers/risk scores, but applicable to studies assessing them

#### Introduction

1. State the marker examined, the study objectives, and any pre-specified hypotheses.

### **Materials and Methods**

#### **Patients**

- 2. Describe the characteristics (e.g., disease stage or co-morbidities) of the study patients, including their source and inclusion and exclusion criteria.
- 3. Describe treatments received and how chosen (e.g., randomized or rule-based).

### Materials and Methods Specimen characteristics

4. Describe type of biological material used (including control samples) and methods of preservation and storage.

### Materials and Methods Assay methods

5. Specify the assay method used and provide (or reference) a detailed protocol, including specific reagents or kits used, quality control procedures, reproducibility assessments, quantitation methods, and scoring and reporting protocols. Specify whether and how assays were performed blinded to the study endpoint.

#### Study design

6. State the method of case selection, including whether prospective or retrospective and whether stratification or matching (e.g., by stage of disease or age) was used. Specify the time period from which cases were taken, the end of the follow -up period, and the median follow -up time.

#### Study design

- 7. Precisely define all clinical endpoints examined.
- 8. List all candidate variables initially examined or considered for inclusion in models.
- 9. Give rationale for sample size; if the study was designed to detect a specified effect size, give the target power and effect size.

### Statistical analysis methods

- Specify all statistical methods, including details of any variable selection procedures and other model-building issues, how model assumptions were verified, and how missing data were handled.
- Clarify how marker values were handled in the analyses; if relevant, describe methods used for cutpoint determination.

## **Results**

#### Data

12. Describe the flow of patients through the study, including the number of patients included in each stage of the analysis (a diagram may be helpful) and reasons for dropout. Specifically, both overall and for each subgroup extensively examined report the numbers of patients and the number of events.

#### **Results**

#### Data

13. Report distributions of basic demographic characteristics (at least age and sex), standard (disease-specific) prognostic variables, and tumor marker, including numbers of missing values.

#### **Analysis and presentation**

- 14. Show the relation of the marker to standard prognostic variables.
- 15. Present univariate analyses showing the relation between the marker and outcome, with the estimated effect (e.g., hazard ratio and survival probability). Preferably provide similar analyses for all other variables being analyzed. For the effect of a tumor marker on a time-to-event outcome, a Kaplan-Meier plot is recommended.

#### **Analysis and presentation**

16. For key multivariable analyses, report estimated effects (e.g., hazard ratio) with confidence intervals for the marker and, at least for the final model, all other variables in the model.

### **Analysis and presentation**

17. Among reported results, provide estimated effects with confidence intervals from an analysis in which the marker and standard prognostic variables are included, regardless of their statistical significance.

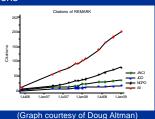
18. If done, report results of further investigations, such as checking assumptions, sensitivity analyses, and internal validation.

#### **Discussion**

- 19. Interpret the results in the context of the pre-specified hypotheses and other relevant studies; include a discussion of limitations of the study.
- 20. Discuss implications for future research and clinical value.

### **Awareness of REMARK**

- Mentioned in instructions to authors and/or reviewers: JCO, BCRT, CCR
- Citations



#### **Future Plans**

- Nearing completion of companion explanatory document – elaboration and examples
- Formal assessment of impact before vs. after assessment of reporting quality

## Acknowledgements

- Doug Altman
- Sue Mallett
- Sheila Taube
- Other REMARK Co-authors and Supporters